

Pathways & Partnerships Leader contact:

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DISABILITY SERVICES ON THE CENTRAL COAST

<https://www.catholiccaredbb.org.au/disability-futures/central-coast/>

From creative and performing arts experiences, to the beauty of our environment, and the simple joys of human connection, CatholicCare Disability Futures Central Coast provides a range of personal development programs with your wellbeing at heart.



FEEL ALIVE

DANCE & SPORTS ACADEMY

Join us for a great range of sports activities like scenic bushwalks, swimming, bowling, football, basketball, gymnastics and more along plus amazing dance classes in hip-hop, ballet, musical theatre, jazz, contemporary dance and yoga.



WONDER AT NATURE

OUTDOOR RECREATION

Live coast life to the max! Our beautiful waterways, bushland areas and beaches are just waiting for you – with fishing, bushcraft, hiking and adventures in our natural environment.



MAKE A CONNECTION

SIPS & SOCIALS

Hit the Coast's hot spots on Friday nights – over 18s can explore great places to eat, drink, dance and listen to live music with mates. Enjoy a game of pool or a night out bowling. Transport to and from home is part of the package.



DISCOVER SOMETHING NEW

PERSONALISED SUPPORT FOR EACH INDIVIDUAL

Design your own supports with a support partner of your choice who shares your interests. Go on outings, increase your fitness, improve your life skills or try something new. Anything is possible!

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**EXPRESS
YOURSELF**

ENRICHMENT DAYS FOR HOME SCHOOLERS

Social and educational days for people under 18 years who are currently home schooled. Creative and performing arts experiences, sports, games and group excursions to build social skills and creative confidence.



**FEEL
INSPIRED**

DANCE COMPANY

Performance opportunities for dancers with disability. Auditions coming soon!



**BE
CREATIVE**

BOONAH CREATIVE ARTS

CatholicCare's celebrated arts program, Boonah comes to the Coast. Paint, draw, create and dream!



**EXPERIENCE
JOY**

VACATION CARE

School holiday programs for people under 18 years with daily excursions and fun activities with new destinations added each holiday period!



SPECIALISED INDIVIDUAL SUPPORTS FOR ABORIGINAL PEOPLE

Looking for a young, Aboriginal person who understands your culture and your disability? Please call us for more information.

FOR BOOKINGS:

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